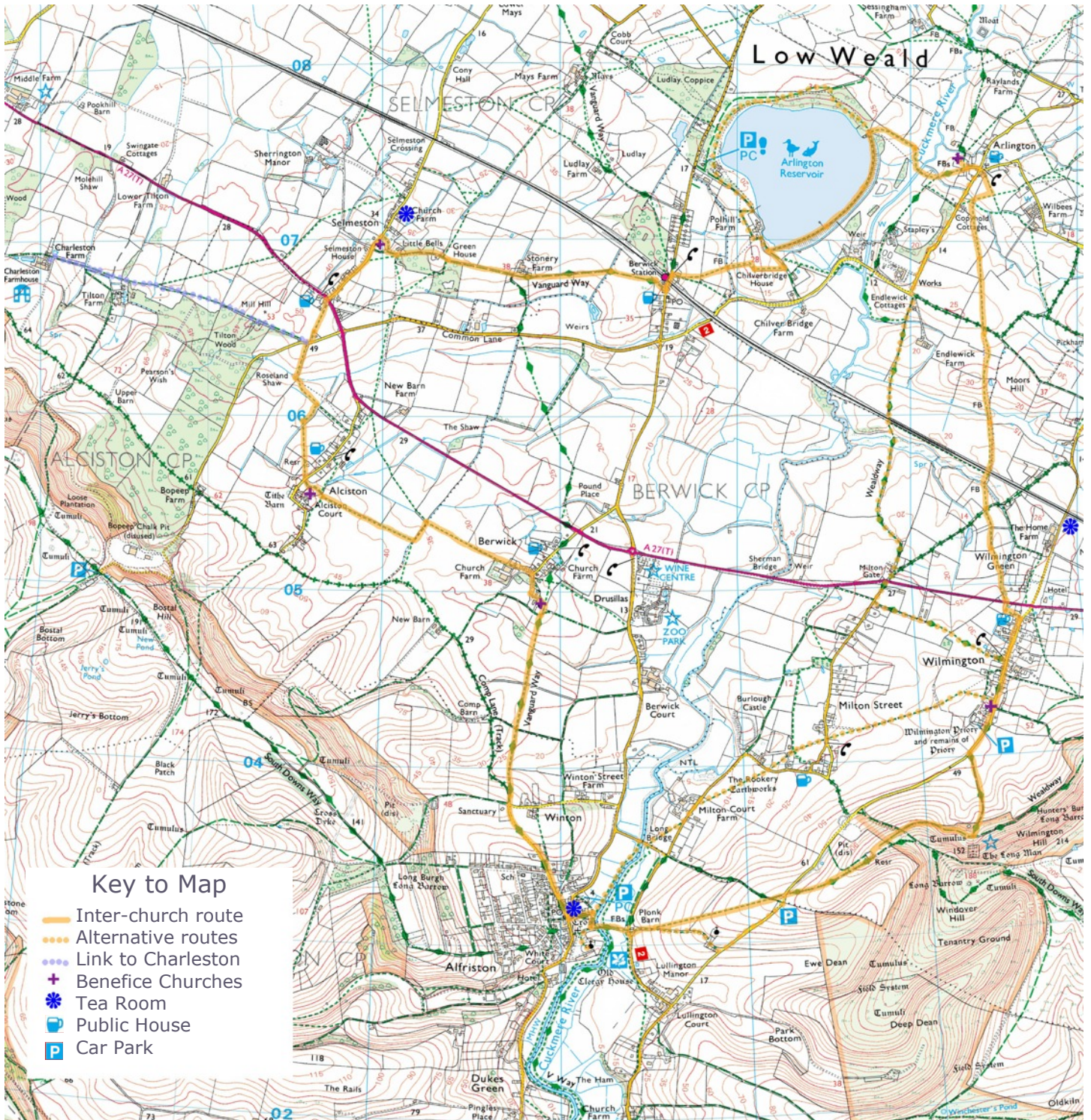


The Five Churches Walk



Whether as an excuse for a ramble, or as an opportunity for a pilgrimage trail, this walk takes in all five of the Benefice's churches: Alciston, Arlington, Berwick, Selveston and Wilmington.

It also gives opportunities to visit Lullington Church (thought to be the smallest church in England) and the 'Cathedral of the Downs' - St Andrews Church in Alfriston - which dates from 1360.

The length of the main route is 10.2 miles and the full circuit (non-stop) would take about 4 hours at moderate pace. However, with a wide selection of pubs and tea rooms on or near the route, why not take a little longer and enjoy the hospitality they provide.

The total ascent is almost 900 feet, but less if the alternative route - bypassing the Long Man of Wilmington - is taken. A link is also shown to Charleston Farmhouse, and, of course, you can use any of the other paths and bridleways to alter your route if you so wish.

So the birdwatchers can take the longer route around Arlington Reservoir, and there's the opportunity to inspect the 235 feet high 'Long Man of Wilmington' - who's origins are still surrounded in mystery.

Car Parks are available in Wilmington and Alciston, and also at Arlington Reservoir, but on-street parking is available at or near the churches.